



# Bantuan Visual untuk Komunikasi

daripada

**More Than Words® - The Hanen Program® for Parents of Children with  
Autism Spectrum Disorder**

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# OBJEKTIF

- Apa yang dimaksudkan bantuan visual?
- Kenapa perlu guna bantuan visual?
- Bagaimanakah cara menggunakan bantuan visual untuk membantu komunikasi anak?
- Cabaran dalam menggunakan bantuan visual

# Kuiz!

1



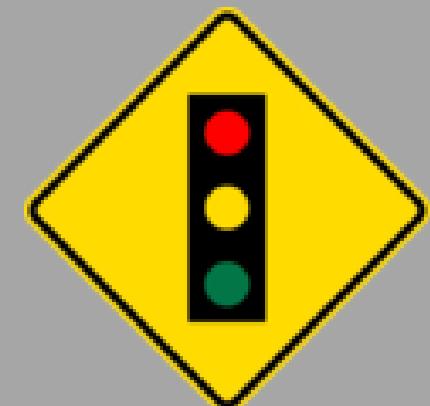
2



3



# BANTUAN VISUAL

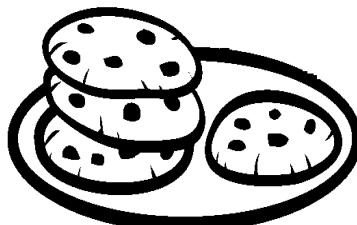


# RESIPI LASAGNA

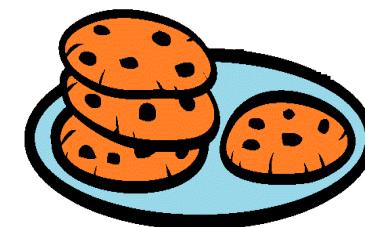
- Resipi 1
- Resipi 2

# JENIS-JENIS BANTUAN VISUAL

Lukisan hitam/putih



Lukisan berwarna



Gambar hitam/putih



Objek

Tulisan

**Biskut**

Gambar berwarna



# SUSUNAN: PALING MUDAH KE SUSAH

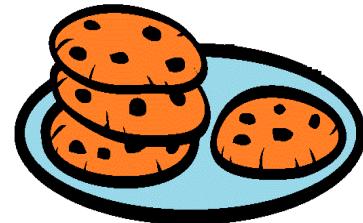
Real Object

Gambar berwarna

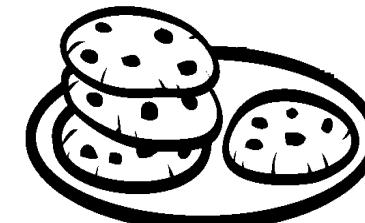
Gambar hitam/putih



Lukisan berwarna



Lukisan hitam/putih



Tulisan

**Biskut**

# SUSUNAN BANTUAN VISUAL

Paling senang



Paling susah

Objek

Gambar berwarna

Gambar hitam & putih

*Miniatures*

Lukisan berwarna

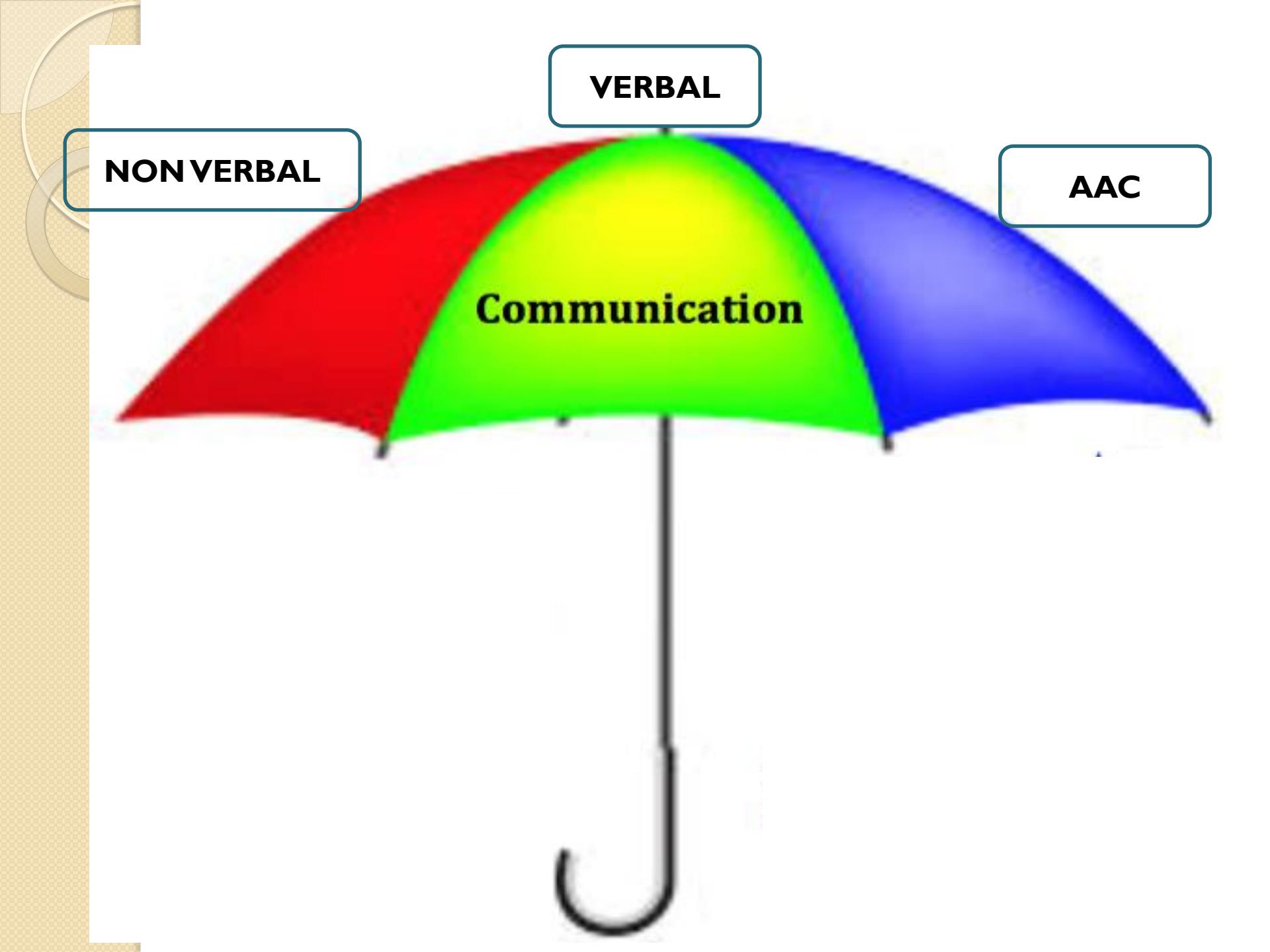
Lukisan hitam & putih

Tulisan

Konkrit



Abstrak

The image features a central black umbrella standing upright. The umbrella's canopy is divided into three distinct colored segments: red on the left, green in the middle, and blue on the right. The word "Communication" is printed in bold black capital letters across the center of the green segment. Above the umbrella, there are three rectangular callout boxes with dark blue borders. The top box contains the word "VERBAL". The bottom-left box contains "NON VERBAL". The bottom-right box contains "AAC".

**NON VERBAL**

**VERBAL**

**AAC**

# KEPENTINGAN BANTUAN VISUAL

- Kanak-kanak lebih mudah belajar melalui visual
- Lebih senang faham
- Faham apa yang akan berlaku seterusnya
- Mengurangkan kerisauan anak (*anxiety*)

# KELEBIHAN BANTUAN VISUAL

- Membantu anak membuat pilihan
- Memahami apa yang akan berlaku seterusnya
- Membantu anak lebih berdikari dalam melakukan sesuatu (mengikut turutan)
- Menangani situasi sukar atau tingkah laku negatif

# Membuat Pilihan

- Epal atau oren?
- Sebut satu demi satu
- Tunjuk pilihan satu demi satu sambil sebut

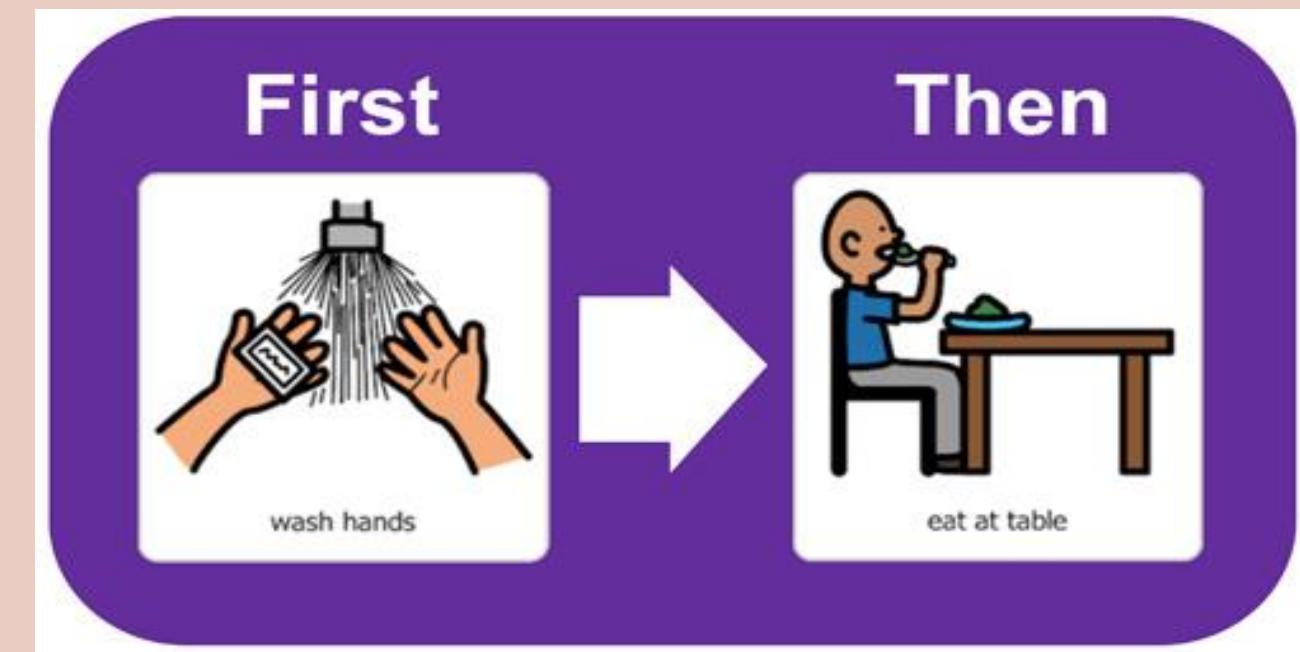


# Membuat Pilihan



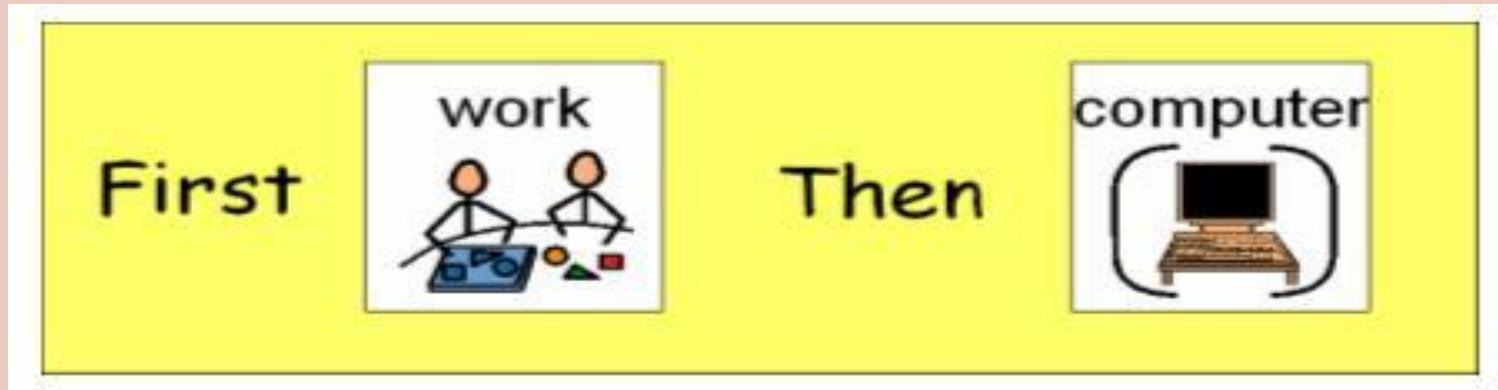
# Memahami apa yang bakal berlaku

- *First/ Then board*
- Mula-mula/ kemudian



# Memahami Apa yang Bakal Berlaku

- *First/ Then board*



- Mula-mula/ kemudian



# Memahami Apa yang Bakal Berlaku

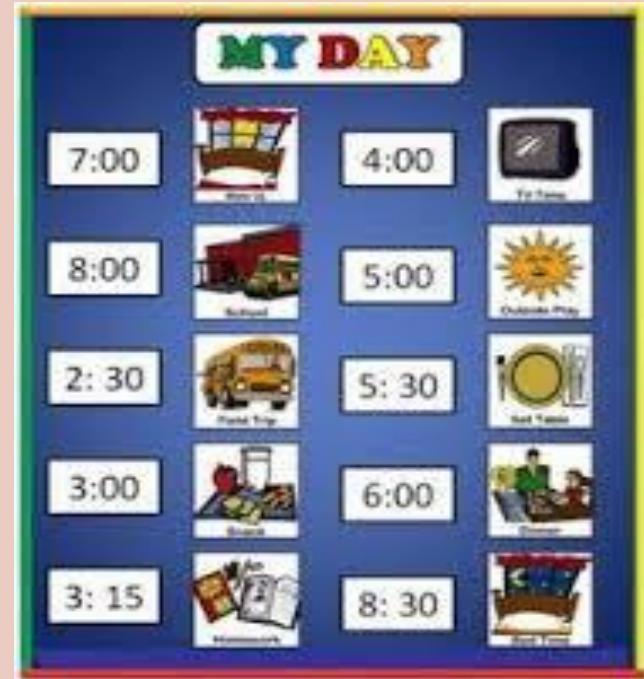


# Memahami Apa yang Bakal Berlaku

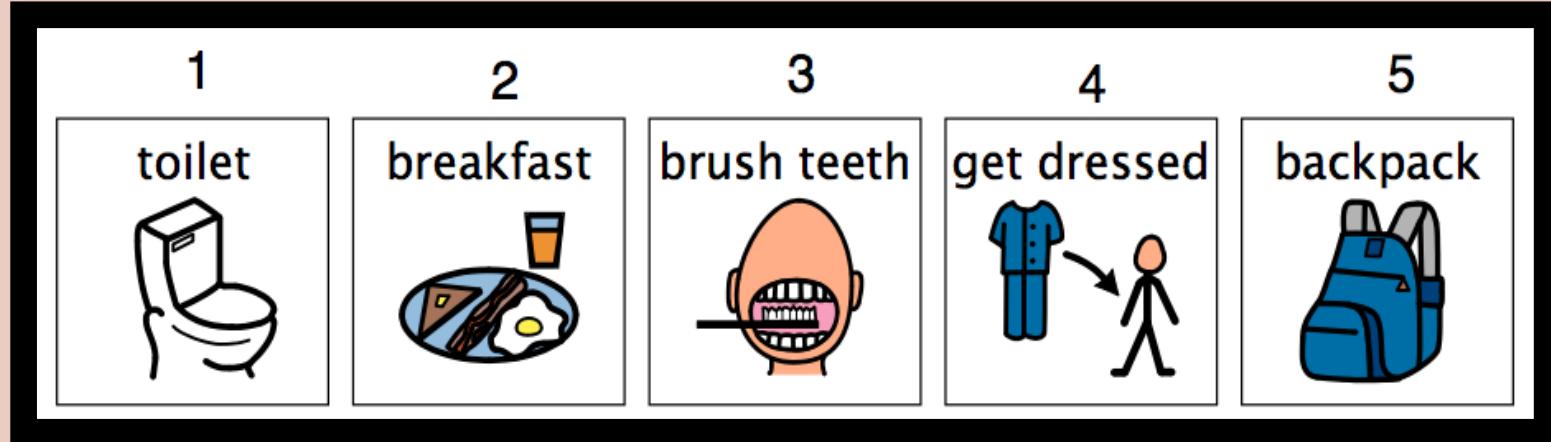


# Membantu Anak Berdikari

- Jadual bergambar
- Langkah-langkah melakukan sesuatu aktiviti



# Membantu Anak Berdikari



# Membantu Anak Berdikari



## Berus gigi

1

wet toothbrush



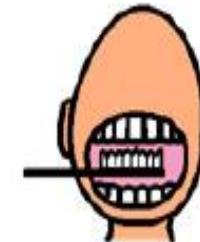
2

toothpaste on brush



3

brush teeth



4

spit in sink



5

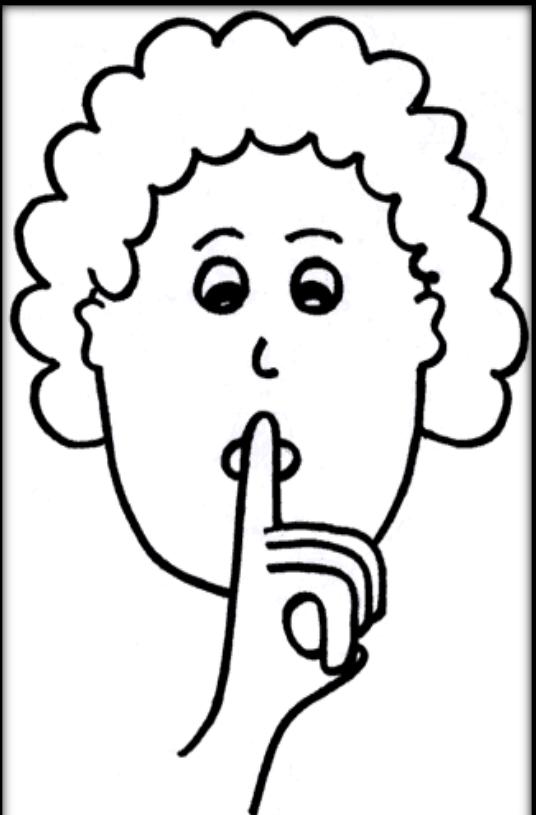
rinse toothbrush



# Membantu Anak Berdikari



# Menangani situasi sukar



no biting

# SELINGAN

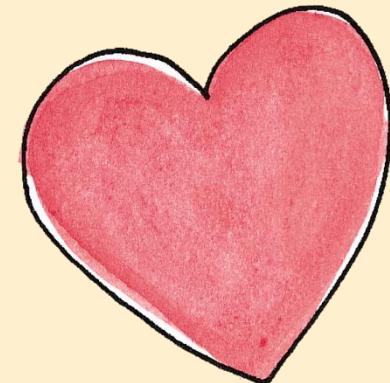


# The Four “S”s

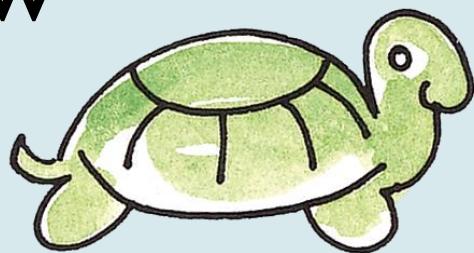
**Say less**



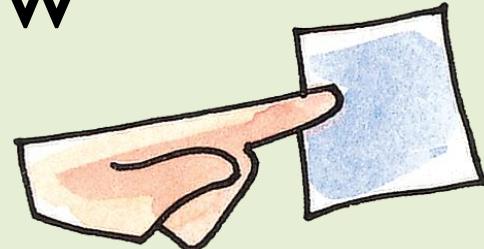
**and Stress**



**Go Slow**



**and Show**



**R:** Repeat often

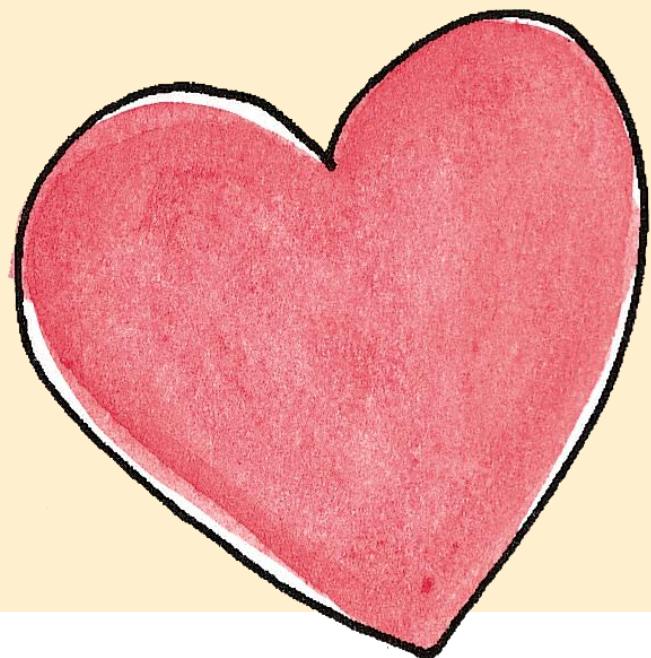
# Say Less

- Simplify
- Short, clear labels and sentences
- Use grammatically correct sentences
- Time what you say to your child's interest



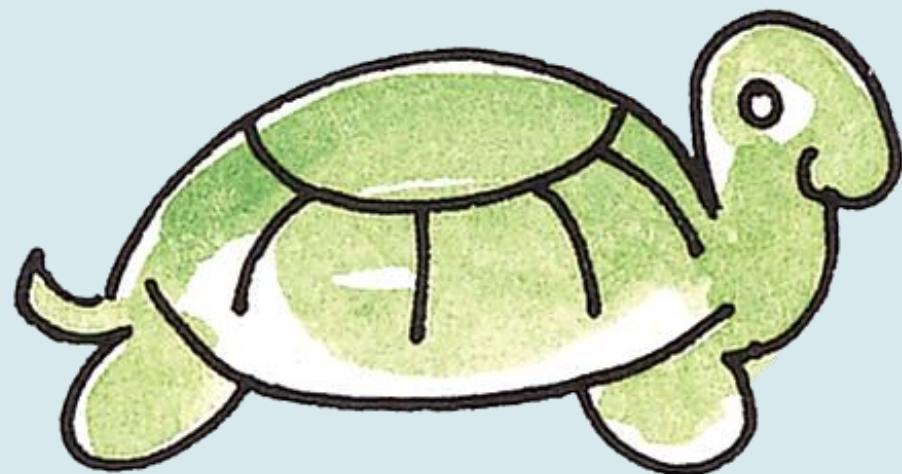
# Stress

- Exaggerate important words
  - louder
  - change intonation
- Put important words at the end of sentences



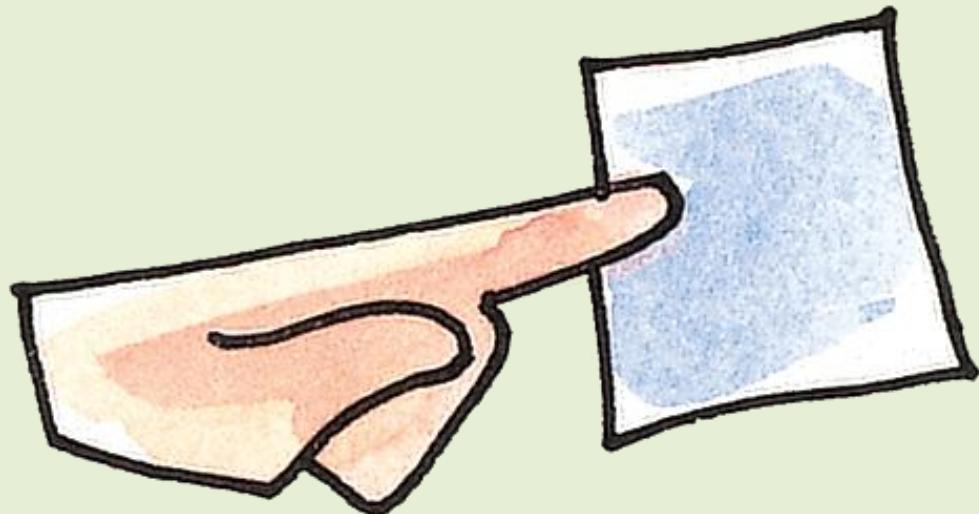
# Go Slow

- Pause between words and phrases
- Be natural



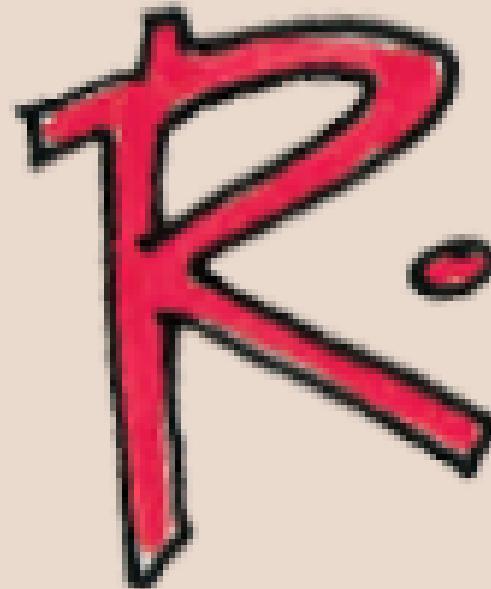
# Show – Using Visual Helpers

- Real objects
- Actions and gestures
- Pictures
- Print



# Repeat Often!

- Use words in many different situations
- Many times a day



# *Social Story*

- Cerita pendek yang digunakan sebagai contoh kepada sesuatu interaksi yang positif atau perlakuan yang ingin diajarkan kepada anak
- Membantu anak memahami situasi yang membawa kepada perlakuan yang baik

# *Social Story*

- Kenal pasti perlakuan yang ingin dibentuk/ diubah
- Guna ayat dari perspektif anak
- Letak gambar bagi setiap situasi/ ayat
- Terangkan situasi sukar dan nyatakan sebab kenapa perlakuan tersebut tidak bagus

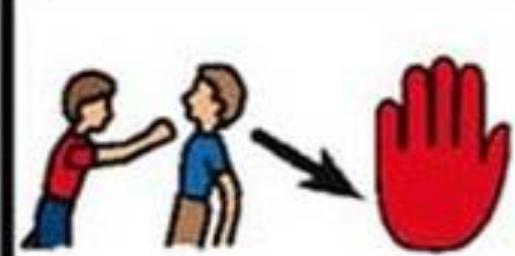
# Social Story I



When I get angry I sometimes hit Mummy.



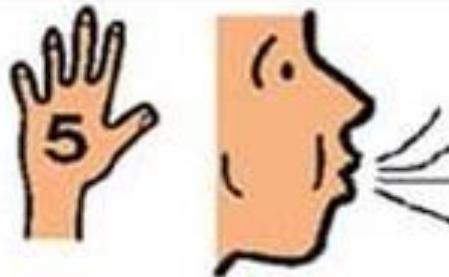
This makes Mummy sad.



When I feel like hitting, I need to stop.



I will hold my hands.



I will take 5 big breaths. This helps me stay calm.



Mummy is happy when I am calm.

# Social Story 2

## Being a friend



When I go outside at break time I like to play with my friends.



Sometimes I like to walk around the playground with my friends.



I must remember to be the best friend in the world and not to push or hurt my friends.



I will try to be the best friend in the world by playing with my friend and not hurting them. This way, I will have lots of friends at school!

3

4

# Cabaran Menggunakan Bantuan Visual

- Komitmen
- Jenis bantuan visual
- Masa
- Kos

# REFERENCES

- Visual aids for learning  
<http://www.visualaidsforlearning.com/>
- [www.usevisualstrategies.com](http://www.usevisualstrategies.com)
- [www.connectability.ca](http://www.connectability.ca)
- The Hanen Centre  
<http://www.hanen.org/>
- <http://fasdtoolkit.weebly.com/social-stories.html>